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ABSTRACT

This textbook is designed for both undergraduate and graduate students who aspire to meet the individual needs of children with disabilities in physical education, recreation, sport, fitness, or rehabilitation settings. The goal is to prepare professionals to meet the personnel standards established by the National Consortium of Physical and Recreation for Individuals with Disabilities. Part 1, "Foundations," focuses first on adapted physical activity, individual differences, and home-school-community teamwork. It then addresses the topics of advocacy; philosophy, planning, and curriculum design; assessing, prescribing, and writing the Individualized Education Program; and teaching, evaluating and consulting. Part 2, "Assessment and Pedagogy for Specific Goals," discusses ten goals of adapted physical activity, including self-concept, inclusion and social competence, sensorimotor integration, motor performance, perceptual-motor learning, fitness, postures and appearance, play and game competence, adapted dance and dance therapy, and adapted aquatics. Part 3, "Individual Differences, with Emphasis on Sport," addresses the needs of infants, toddlers and early childhood, followed by chapters on different disabilities. Sport terminology from the worldwide Paralympic movement is used to designate disabilities and sport classifications are described. Appendices include definitions and relevant resources. (Each chapter includes references.) (CR)

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